



THE CENTER for Advanced

Dermatology

Medical  Aesthetic  Holistic



*in everything
give thanks*

My Dear Patients:

Did you know that gratitude is associated with better health? November is the month for Thanksgiving. It is the time when we give thanks for our family, our friends and also to a bigger circle

that is our community. When you sit down for your Thanksgiving meal this Thursday, take in the smiles, the laughter and the energetic conversations around you. Fully appreciate all the blessings that went into bringing the food to your table: the sun, the water, the seeds, the care of the plants, the harvesting of the plants, the transportation of the goods to stores, and to your home, and finally the love in your family's preparation and presentation of the food.

Please pray for those who are hungry, and give if you can.

I thank all of you for being part of my practice and my life, and it is a privilege to serve as your doctor.

The gratitude you feel today and hopefully everyday will bring you another step closer to optimal health.

I wish you all a Happy, Happy Thanksgiving, and remember to eat the vegetables first.

For those who are bothered by Turkey Neck at the Thanksgiving table, we are offering two alternatives:

1. We are pleased to announce the addition of Kybella injections for the submental fullness.

Special Black Friday Discount rate at **50% Off** (first treatment only - quantities limited).

2. Tensage Exclusive Offer. Invest in one Tensage Advanced Cream and Tensage Daily Serum and receive one box of Tensage Ampules 50 FREE (\$195.00 value). See before and after pictures from our office below. WOW! Treat yourself or break up the package for gift giving! (quantities limited).

Starting on Monday, November 30 we will be gearing up for Christmas. Everyone needs to look their best. Fit in YOUR own appointment so you look extra special for your dazzling parties and events.

December 10th is Botox/Xeomin Discount Day; \$10 per unit, one day per month only.

Appointments will book up, especially because of the high demand for treatments in December, so call now 602.867.7546. If we are not in the office you can leave a message for Diane, and she will schedule your appointment in the order it was received.

We have ideas for gifts that are oriented toward health and top quality beauty products that have the best research data behind

them. We look forward to making your holiday season super-sensational!

But for this week, just stop and feel gratitude. Stay in the present and feel everything that is your Thanksgiving Day. Recall and ingrain family traditions by talking about them again and again. These are the memories you will remember. And eat the vegetables first.

Warmly,
Dr. Holy



THE CENTER for Advanced Dermatology will be closed on Thursday November 26th and Friday November 27th for the Thanksgiving holiday. Please call for prescription refills by Tuesday November 24th or your prescriptions will not be refilled until Monday November 30th, during regular business hours.

No Turkey Neck at the Thanksgiving Table This Year!

For those who are bothered by Turkey Neck at the Thanksgiving table, we are offering two alternatives:

KYBELLA



We are pleased to announce the addition of Kybella injections for submental fullness.

Black Friday Special 50% OFF

(one treatment - quantities limited)



EXCLUSIVE OFFER



Tensage®

Invest in
Advanced Cream \$75.00
and a
Daily Serum \$125.00

get 1 box of Tensage® Ampules 50 **FREE**

\$195.00 value (Dr. Holy's Favorite)

While Supplies Last

Like us on Facebook 

Follow us on 

Feel your best,
Look your best.
A No Interest credit card
for your health and beauty needs.

 **CareCredit**SM

4530 East Shea Boulevard | Suite 101 | 602.867.7546
Phoenix, AZ 85028

[Forward this email](#)

 **SafeUnsubscribe**[™]

This email was sent to aholymd@yahoo.com by aholymd@yahoo.com | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe](#)[™] | [About our service provider](#).



Try it FREE today.

Adriana K. Holy, M.D. | 4530 East Shea Boulevard | Suite 101 | Phoenix | AZ | 85028