



# My Dear Patients,

Thank you! to all of you who attended our Third Annual Red Carpet Event last Thursday, October 8.

Everyone was dressed to the nines and enjoyed hors d'oeuvres, music, and in depth discussions directly with our Botox, Radiesse, Platelet Rich Plasma ("Vampire") and all our different laser representatives.

The technology for the best in dermatology is changing and advancing, and we are working to keep you apprised of the important changes in both the medical and aesthetic aspects of the field.

### **AESTHETIC**

It is the month of Halloween, so could there be any treatment better than the **Vampire Rejuvenation Package**? If it sounds scary, it's not! It is a combination of both surface rejuvenation using our special secret Natural Needling and the most natural available volume restoration. It is a series of appointments designed for longevity of results. The PRP facilitates wound healing, so the recovery is faster than otherwise. Your schedule will be customized depending on your starting point. Call Linda for more information and for special prices available through October 31.

### **MEDICAL**

What IS more scary is the sun damage that has built up over the years and over this past summer! Science has shown that even seemingly normal skin has precancerous or even cancerous cells present, and it is the immune system that keeps you healthy.

This brings up two points:

- 1) Field Treatments, like our AKH Signature Acid Peel, rid the skin of damaged areas and replace it with normal skin. Done annually, you shouldn't get precancerous spots, and there is a nice aesthetic benefit as well! Other medical Field Treatments are available through our office as well.
- 2) Please continue to work to optimize your immune system by taking the Xeno Bioforce, and Bio-Omega and eating a healthy diet with lots of vegetables and fruit! Of course, be sure to wear your sunscreen! (SPF 30-50, with Zinc Oxide!).

After you complete your Field Treatment, your skin should be in good shape for the entire winter. The immune boosting supplements should keep you healthy as well!

## **HOLISTIC**

We are in the process of evaluating a new supplement series that utilizes a revolutionary new concept: the concept of RNA transcription. The developer, Dr Plant, from Harvard (I am trying not to show partiality to my alma mater!), mapped RNA transcription in normal male and female subjects, and then mapped the RNA transcription induced by different essential oils. Integrating that information, he created blends of essential oils that most closely simulate normal function. We are currently recommending a trial for patients with refractory problems like acne, eczema, or psoriasis, unresponsive to other treatments. If you fall into this category, and are interested in a very

natural type of treatment, please call and schedule an appointment for consideration of this novel new approach. We will keep all apprised of progress in this area!

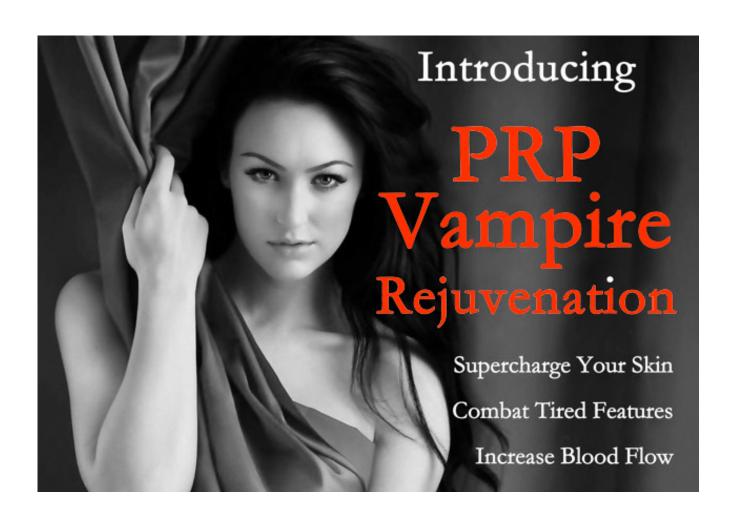
Again, thank you for supporting our event last week, and thank you for referring your family and friends.

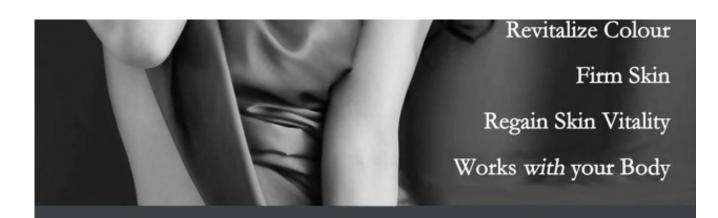
Megan Rowe, PA-C, and myself are available to take care of them, and we will treat them as we would ourselves and our own family!

Warmly, Dr. Holy



Adriana K. Holy, MD





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Try it FREE today.

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