



## You're Invited!

#### Introduction to Essential Oils Class

Hosted by Master Oiler, Jon Raynes



Join us for hors d'oeuvres and refreshments and learn about the power of essential oils from expert Master Oiler, Jon Raynes. Essential oils were considered the first medicine of mankind and today are universally used in many capacities of our lives: relaxation, stress relief, increasing energy, making our own toxic and chemical-free body products and household cleaning products, adding flavors to food, weight loss, therapeutic and medicinal benefits and much more. Learn how to incorporate oils into your regimen and understand the differences between essential oil companies and why choosing which brand is important.

Date & Time: June 25th, 5:30 - 7:00 pm

RSVP to: 602-867-7546

RSVP by: June 22nd

My Dear Patients,

Wow!!! The past few weeks have been extremely exciting in the field of aesthetic dermatology!! First, early in the month Kybella was approved by the FDA. Kybella is a fat dissolving injection that is indicated for tightening under the chin and in the neck. It is the first injectable "subtractor," so it will play an extremely important role in our aesthetic armamentarium! Many of you laugh as I dance around the table examining your look from all angles — this is a very exciting tool for my toolbox! It will be available in our office later this summer. We will send a grand notification when it is ready, and the first few patients will have the opportunity for treatment at a discounted rate, so watch our emails!

Second just this past week, Radiesse received FDA approval for injections in the hands. We have been doing these injections for several years off label, and many of you have seen the amazing photographs of Diane's hands. Well, now the FDA has put it's stamp of approval and safety on this injection! In celebration we will discount the hand injections through the month of July!

Also, we are announcing a new lecture series which will take place in our office every month or two. I have had the pleasure of meeting so many interesting individuals who have expertise in many subjects of intense interest to you. They are fantastic speakers, some have published books in their fields, and they are willing to share their knowledge with you at no charge.

Our first lecture will be on Thursday, June 25 from 5:30-7:00 in our conference room. Join us for hors d'oeuvres and refreshments and learn about the power of essential oils from expert Master Oiler, John Raynes. Essential oils were considered the first medicine of mankind and today are universally used in many capacities of our lives: relaxation, stress relief, increasing energy, making our own toxic and chemical free body products and household cleaning products, adding flavors to food, weight loss, therapeutic and medicinal benefits and much more. Learn how to incorporate oils into your regimen and understand the differences between essential oil companies and why choosing which brand is important.

Please RSVP to our office by June 22th at 602 867-7546, or email kathryn\_aholymd@yahoo.com. By the way, I had met John about a year ago, and gifted my staff with some essential oils for Christmas last year. They were thrilled; I think this was one of the most popular gifts I have ever given! We may offer a few of the popular oils through our office, but to have access to the full slate, come and meet John and his local contact, Nichol.

Summer is here, and so are the sunny vacations and heat. Remember to wear your sunscreen, hats and sunglasses, and plan outdoor activities early and late in the day, and indoor activities in the middle of the day. Keep track of your skin and also the skin of your loved ones as everyone is in swimsuits and shorts!

Remember, if you see "a sore that doesn't heal in a month," and/or "a mole that doesn't look like the neighbors, " come and visit us.

Have a terrific and relaxing summer!

Warmly, Dr. Holy



# NEW FDA APPROVED REJUVENATION FOR HANDS



\$100 OFF per syringe for hands only. Plus, if you get your treatment done before the end of June, get a \$50 Visa Card too!

Add on a Fraxel treatment for pigmentation on your hands for only \$300 a treatment or buy 2 treatments and get one FREE!

Call our office at 602-867-7546 to schedule your appointment as we have limited times available!

click here for more information on Radiesse for Hands

### 4530 East Shea Boulevard | Suite 101 | 602.867.7546 Phoenix, AZ 85028

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Adriana K. Holy, M.D. | 4530 East Shea Boulevard | Suite 101 | Phoenix | AZ | 85028