



# Adrenal Life Force

Complete Adrenal Support Formula  
120 Veggie Capsules NPN 80042485



## Patient Reference

### Matrix Nutritional Series

### Adrenal/Thyroid Insufficiencies

**Matrix Nutritionals Series** was designed as an eclectic offering for the Physica Energetics line of remedies primarily to assist in the “reactivation of the mesenchyme” (Dr. Reinhold Voll), via the nutritional complement pathways. These pathways are present in every system throughout the body and require balanced attention. In keeping with the principles of BioEnergetic Medicine, the remedies nourish and support these systems without punishing them with overstimulation or imbalancing factors, which, ultimately, is counterproductive. This approach has been carefully and respectfully designed to provide the necessary natural (organic where available), synergistic factors in proper energetic and biochemical ratios, to ensure assistance towards yielding a deep and lasting result. They are not to be confused with replacement therapy nutraceuticals that may seem to help for the moment, until the patient stops taking them or the condition is driven deeper. These remedies honour The Legacy of BioEnergetic Medicine, and are known by both patient and practitioner to be exceptionally effective.

**“It’s not how long you are on the planet, it’s how much baggage you carry while you are here”**

Dr. Michael Borkin

**Balancing the adrenal glands is primary and central in “the opening” of all endocrine cases.**

In today’s accelerated society, the adrenal glands become severely overburdened by chronic stress, environmental pollutants, infections and the overuse of stimulants such as caffeine, sugar and nicotine.

The body’s attempt to compensate for stress results in an increased production of cortisol from the adrenal cortex, leading to a disruption of the delicate balance of hormones required for health and vitality.

**Factors contributing to elevated cortisol include:**

- 1) Chronic Inflammation
- 2) Chronic Xenobiotic Infection
- 3) Glycemic Control
- 4) Emotional/Psychological issues

**Eighty percent of people suffering from adrenal fatigue also experience symptoms of low thyroid.** Similarly, until the adrenal glands are strengthened, supplemental treatment for thyroid disorders will be less effective.

**Levels of cortisol at the cellular level directly affect thyroid gland function.** Cortisol is required for the conversion of thyroxine (T4) to triiodothyronine (T3). Even mild adrenal insufficiency can significantly impact this conversion, leading to the development or exacerbation of existing thyroid conditions. Tyrosine, among other organic botanical (*Rhodiola Rosea*) and nutritional factors, has been added to the remedy to provide support for the restoration of this process.

**Balancing the adrenal glands is an integral part of every healing strategy**

**Imbalances of sex hormones also occur in response to weakened adrenals.** In times of chronic stress, the body’s response is to shunt sex hormone precursors towards cortisol production. Over time, levels of sex hormones quickly become depleted and the pattern of hormonal imbalance deepens.

**A person needs to sleep at least 5 1/2 hours straight,** without lifting their head higher than 1 foot. Any less, breaks the cycle of adrenaline production. It has been well documented that physical healing occurs between 10pm–2am and psychological healing occurs between 2am–6am. Hence the 8 hours of sleep that we’ve always been told we need, but rarely get!

**Glandular tissues are rich sources of nutrients, enzymes and other factors** that support specific gland-related metabolism and physiological function. When prepared with sufficient technical sophistication and sensitivity to their delicate nature, glandulars can retain a significant portion of their biological activity. We use the excellent process of lyophilization which freezes the organic gland, then subjects it to a high vacuum that vaporizes moisture directly from the solid state, to maintain a high level of its biological activity.

**Adrenal Life Force is a premium nutritional for adrenal and thyroid support and restoration.** Combining a pure, clean source of organic, New Zealand bovine glandular with essential nutrients and supportive biodynamically grown, organic botanicals. It is a highly potent, well tolerated remedy for all ages, conditions and body chemistries.

#### **Ingredients (per 2 capsules):**

Adrenal tissue (New Zealand lyophilized & organic bovine) 250 mg  
Pantothenic acid (B5) 100 mg  
L-Tyrosine 250 mg  
Magnesium Citrate 50 mg  
Niacinamide (B3) 15 mg

Potassium Citrate 50 mg  
Rhodiola Rosea 250 mg (standardized 3% salidroside, 1% rosavins)  
Pyridoxine B6 25 mg